



6 Days Nepal Leisure + Lumbini

6DKTMNL/L

Highlights: 2 Nights Kathmandu, 2 Nights Pokhara, 1 Night Lumbini

DAY 01: SINGAPORE – KATHMANDU L / D

Arrival in international airport meet by our representative, Welcome garland, welcome drinks, check in hotel, rest for a while, lunch, after lunch visit **Boudhanath**: - It is the world's biggest Stupa located about 2 kilometers to the north of Pashupatinath temple. The Colossal Stupa is known by the name of Boudhanath, the god of wisdom. It is difficult to assign a period to it, as some believe that it was built during the reign of either Shiva Dev or Anshu Verma in the 7th Century AD. Boudhanath attracts the Buddhist pilgrims from all over the world, **Pashupatinath** It is one of the holiest Hindu shrines in the world. The temple is dedicated to lord Shiva and is built in the familiar Pagoda Style. Chronicles indicate the temple's existence prior to 400 AD. This holy place is picturesque collection of temples and shrines. All the dying persons are brought to Pashupatinath for the cremation. Only the Hindus are allowed to go inside the temple, dinner, transfer to hotel, overnight in Kathmandu.

DAY 02: KATHMANDU – LUMBINI 290 KM 7 HRS DRIVE B / L / D

Breakfast drive to Lumbini, check in hotel, lunch after lunch sightseeing to Ashoka Pillar, Maya Devi Temple, Shanti Dip,

DAY 03: LUMBINI– POKHARA B / L / D

Breakfast drive to Pokhara, a scenic town, check in hotel lunch, sightseeing to David's fall, evening one hour boating on Fewa Lake visit Taal Barahi, dinner and overnight in Pokhara

DAY 04: POKHARA B / L / D

Early morning see a sunrise view and back to hotel for breakfast after breakfast sightseeing Bindabasini Temple, Tibetan Village, Gupteshwor cave lunch after lunch, evening free for shopping around lake side, dinner and Overnight in Pokhara

DAY 05: POKHARA – KATHMANDU B / L / D

Breakfast, drive to Kathmandu, lunch after lunch, sightseeing to **Patan Durbar Square**: - It is an enchanting mélange of palace buildings, artistic courtyards and graceful pagoda temples. This Square was the former Royal Palace Complex which was the center of Patan's religious and social life, and houses a museum containing an array of bronze status and religious monuments. One remarkable monument here is 17th Century temple dedicated to the Hindu god Krishna, next **Kathmandu Durbar Square**: - It is an overwhelming frenzy of art and architecture. The medieval palace complex is erected in different styles at the right hand side of the Kumari temple. The house of Kumari (living goddess), the ferocious Kal Bhairab, the red monkey god and hundreds of erotic carvings are a few examples of the sights at the square! All wood carvings, statues and architecture in this area are exceptionally fine, free for shopping in Thamel area, evening farewell, dinner in Bhanca Ghar Restaurant with live show, overnight in Kathmandu.

DAY 06: KATHMANDU – SINGAPORE B

Breakfast visit Swoyambhunath Stupa: - The Swoyambhunath Stupa crowns a hillock to the west of Kathmandu. A massive white dome surrounded by a 13 stage spire, the Stupa is one of the most sacred Buddhist sites in Nepal. It is said to be 2000 years old. Its origin is linked to the founding of the Kathmandu Valley, draining the water out of the lake by bodhisattva Manjushree. Swoyambhunath Manifested in the lake as a brilliant light emanating from a lotus and Manjushree let the water out by slashing a passage through the surrounding hills to facilitate paying homepage to Swoyambhu, thus making the valley inhabitable, transfer to airport for the pleasant flight back Singapore

Remarks:

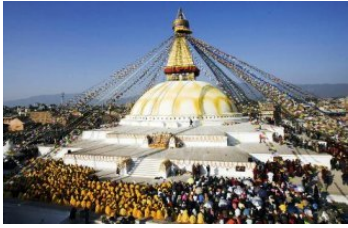
Sequences and timings in itinerary are subject to change without prior notice.

In case of any discrepancy between the English and Chinese itineraries, the Chinese version is deemed correct.



6天尼泊尔+蓝毗尼之旅

6DKTMNL/L



第一天：新加坡—加德满都（午晚餐）

齐集樟宜国际机场，搭乘国际航班飞往尼泊尔首都—加德满都。午餐后参观众加都河谷最大的**博达哈大佛塔 Boudhanath**，联合国人类文化遗产，亚洲乃至世界最大的覆钵半圆形佛塔。巨大的神眼俯视加都河谷，8层八角形平台衬托出磅礴宏大的气势。**帕斯帕提那神庙 Pashupatinath**，作为世界上最神圣的印度教圣地之一，主体建筑是一个四边对称，双重檐斜坡大屋顶的尼泊尔式塔庙。周围环绕的许多小寺与主体建筑行成“众星拱月”之势。金色屋顶、银色房间、以及装饰精美的木雕浮图，使整个建筑典雅华丽。晚餐安排在一家尼泊尔式餐厅，品尝独特风味的尼餐并观赏歌舞表演。

第二天：加德满都—蓝毗尼（早午晚餐）

早餐后乘车前往佛祖诞生地**蓝毗尼**（Lumbini，海拔：100米），行车约7小时抵达。蓝毗尼是佛教徒心中的终极圣地，是佛祖释迦牟尼四大佛迹之一（其他三地均位于印度），参佛朝圣必到蓝毗尼。在此参观**蓝毗尼园**：莫耶夫人祠、古菩提树、佛祖修行台、阿育王石柱和普卡尔尼圣池以及**蓝毗尼园周边**的中华寺及**各国捐建的宏伟庙宇**。在蓝毗尼园里做一次佛家冥想吧，体会内心的平静！

第三天：蓝毗尼—博卡拉（早午晚餐）

早餐后，**蓝毗尼**这个迎接佛陀来临世间的宁静乡野，是佛学弟子感念佛恩、关注顶礼的朝圣吉祥之地。今天我们将前往尼泊尔最为盛名的风景地—博卡拉。处于喜马拉雅山谷地，依偎在终年积雪的安娜普纳山峰和鱼尾峰下，傍着迷人的佩瓦湖，苍翠繁茂的植被和壮丽的雪山风光形成强烈对比，成为尼泊尔最受欢迎的旅游地点之一。入住酒店后，今天我们有幸观赏雪山倒影。乘船在费瓦湖，当湖面平静之际，湖光山色极为醉人，雪山在湖面上的倒影又会勾起游人的多少遐想。

第四天：博卡拉（早午晚餐）

博卡拉（海拔827米）以风景秀丽，气候宜人而举世闻名，被称为徒步、漂流的天堂。为尼泊尔最盛名的风景地，位于尼泊尔喜马拉雅山南坡山麓博卡拉河谷上的城市，基本地形为低山丘陵，河谷宽阔平坦。博卡拉四面环山，安娜普纳山脉终年积雪，美丽的鱼尾峰倒映在佩瓦湖里，秀丽奇特，使人感到平静安逸。游览**Vindhebasini**神庙，**Davis**瀑布和还有藏族市场。去感受平静安逸的尼泊尔天堂。

第五天：博卡拉—加德满都（早午晚餐）

接下来游览**杜巴广场 Durbar Square**。这里是加德满都最有名的广场，也是观赏尼泊尔寺庙建筑的好地方。囊括了尼泊尔十六世纪至十九世纪之间的古迹建筑，广场上总共有五十座以上的寺庙和宫殿。杜儿巴广场上的寺庙外观看来都十分类似，主要有**库玛莉寺**、**纳拉扬神庙**、**湿婆神庙**、**湿婆—巴瓦娑庙屋**、**普拉塔布马拉国王雕像**、**哈努曼猴神宫**、**库里须那寺**等。位于杜巴广场入口左侧的**女活佛库玛莉寺（Kumari Bahal）**很值得一去，木窗上雕刻有许多神像和孔雀图案。在享受过独特风味的尼泊尔餐之后，入住酒店。**帕坦 Patan**，这里建立于西元299年，当年的国王将它命名为**Lalitpur**（美丽的都市）。这里更是尼泊尔佛教的中心，有156座大小佛寺、及55座尼瓦製多重屋顶式庙宇，街道旁不乏历史上百年的民宅，步行其中，让人有时交错乱之感。途中您还有机会参观当地特色的藏式地毯。

第六天：加德满都—新加坡（早餐）

参观**瓦扬布拿佛塔 Swayambeunath Temple**，俗称猴神庙。据说是释迦牟尼所建，已有二千多年历史，是最古老的寺院。由山脚而上。沿途可见成群的猴子向游人索食，在此可目睹加德满都的繁忙市景。指定时间前往机场搭乘航班返回新加坡温暖的家。

最后：希望您能够满意 **REN REN TRAVEL** 为您安排的旅行线路，并衷心祝福您度过一个美好的旅行假期！
（最终确认行程以当地旅行社确认及航班时间为准）